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One Dollar

CENTURY-OLD CLAM DIGGER

By MARGARET LENZ

City Island will soon have a century-old "true clam digger." Margaret (Larsen) Neumann, of Kirby Street, will celebrate her 100th birthday on June 7, 2010.

Margaret was born in 1910 to Nils and Cally Larsen in their house on Horton Street. This makes her one of the few remaining residents who were actually born on the Island.

Her parents had immigrated to City Island from Norway, and Margaret grew up here. One of her first jobs was in 1925 at Mama Horton's ice cream parlor, which is where Sammy's Fish Box Restaurant now stands. Margaret told her family that she lasted there only one day, because she told all her friends to come down for ice cream at the end of her shift. Mama Horton wasn't too happy when she found that a lot of ice cream was gone and there was no money in the cash register.

According to her family, Margaret's good looks won her several beauty pageants, including "Miss Casino Beach," "Mrs. City Island" and "Miss Bronx." Her relatives told *The Current* that she also went on to win "Miss New York" but relinquished the crown because the girl who came in second went crying to her father, who just happened to own the hotel where the pageant was being held.

Margaret finished business school and in 1929 she went to work in Jacob's Boatyard on City Island, where Consolidated is now located. She was Mr. Jacob's assistant for about five years. Along with christening several new yachts there, she also met her future husband, Frederick T. Neumann. Once they married, she put her career on hold and had two children: a daughter, Nila (Neumann) Hauptner, and a son, Leslie B. Neumann.

She has many stories of this period on City Island when the size of your yacht was a reflection of your family's wealth. She met business moguls and movie stars who commissioned their yachts from City Island shipyards. Margaret and Frederick stayed married for 25 years. In 1950, she



Photo by FREDERICK NEUMANN

Island resident and clam digger Margaret (Larsen) Neumann will celebrate her 100th birthday on June 7, 2010.

went to work as an executive assistant at the Mitsubishi Corporation.

She claims to have lived through "one of the greatest centuries: from World War I to the roaring '20s; the great stock market crash to World War II; and through the Vietnam War and those free living '60s." She has listened to all the music during the 20th century—from the Big Band era to rock 'n roll to disco and then rap. She says that over the last century men have gone from "short hair to long hair to no hair."

Margaret lives with her daughter on Kirby Street, and her son resides in New Rochelle. She has seven grandchildren, seven great-grand children and one great-grandchild on the way.

Her grandson Frederick says she has a thirst for life and adventure, and she still enjoys an occasional martini or two. When asked about her secret for longevity she says: "Don't let things eat you up inside." She now spends her time retelling old stories, enjoying fine food and watching "Wheel of Fortune." Her grandson claims that through selective listening, she is always first to guess the puzzle.

Her family and all her City Island friends wish Margaret a very happy 100th birthday. This reporter shares June 7 as a birthday and sends special congratulations to the Island's newest centenarian!

Yacht Clubs Gear Up For The Season



Photos by MARY DANNEGER and ETHEL LOTT

The yacht clubs on City Island held their going-into-commission parties on different weekends in May. The Harlem Yacht Club started the season on May 1, featuring newly painted walls by Ken Binder in the upstairs ballroom. The Morris Yacht Club, which Steve Lott loves to show to visitors, has made great progress with its new clubhouse, which it plans to open officially by mid-summer.

Pillars of the Community



Photo by BARBARA DOLENSEK

Stonemasons reset and repaired the stone pillars at Pelham Cemetery in May, thanks to donations of \$7,500 from Islanders and former residents. The funds were raised by John Devlin, whose Eagle Scout project last year involved repainting the cemetery fence.

Summer Traffic Control Update

By PAUL NANI

Now that the summer season is upon us, Islanders are all too familiar with the increase in traffic on the Island every weekend. Last year, for the first time, the New York City Police Department deployed police officers every Friday, Saturday and Sunday nights along City Island Avenue. They placed cones up and down the entire length of the fire lane and situated officers at various intersections. This was very effective in keeping the fire lane clear, preventing vehicles from blocking intersections, and keeping traffic moving as reasonably well as possible. The 45th Precinct also utilized unmarked cars to ticket violators and implemented an effective program in which they confiscated

motorcycles because of unlicensed drivers and other violations. This was all the result of hard work and a coordinated effort by the City Island Civic Association Traffic Committee, Senator Jeff Klein, and Council Member Jimmy Vacca.

This year members of the Civic Association have been actively following up on the promises made last year that the deployment of officers for traffic control would be implemented again from Memorial Day weekend through Labor Day. Representatives from the Traffic Committee have regularly attended meetings at the 45th Precinct and received assurances from the captain that they would indeed

Continued on page 4

BRIEFLY...

CLOTHING DRIVE, sponsored by the Bronx Masons, will take place on Saturday, June 5, from 9 a.m. to 12 noon at the City Island Masonic Temple, 241 City Island Avenue. All clothing donations will go to St. Athanasius Church in the South Bronx and be distributed to needy recipients. Please, if possible for quicker distribution, separate clothes into individual bags labeled Men, Women and Children. This is a one-day event.

ANNUAL HEALTH FAIR. Come to the annual City Island Health Fair on Friday, June 11, at Grace Church Hall, sponsored by Visiting Nurse Service, JASA, PSS and Council Member James Vacca from 10 a.m. to 1 p.m. Healthcare professionals will be on hand for blood-pressure screening, social-service help, Medicare/Medicaid assistance and massage therapy. Be sure not to miss the healthy snacks, free gifts and raffles as you learn about how to take care of your health. For more information, call Patty at 718-885-1891.

GARDEN CLUB ANNUAL LUNCHEON: This year's festive luncheon will be held at the City Island Yacht Club on Pilot Street on Thursday, June 17, at noon. Tickets are \$35 each, paid in advance. For information, please call Ruth at 718-885-1361. Don't forget to support the Garden Club's annual Beautification Fund this year; send donations to Susan Strazzera at 108 Ditmars Street, City Island NY 10464.

45 BLOTTER

Complaints reported from City Island to the 45th Precinct during April and May 2010. Unfounded complaints are not included in the list.

- 1 - ARSON
- 2 - ASSAULT
- 2 - CRIMINAL MISCHIEF
- 1 - CRIMINAL TRESPASS
- 1 - HARASSMENT
- 1 - PETIT LARCENY
- 1 - POSSESSION OF FIREARM

Police report the following incidents for the period from April 1 to May 15, 2010.

4/4 - Unknown individual left beer cans and food boxes in a private yard on King Avenue; no arrest was made.

4/5 - The front window of a vehicle in a parking lot on City Island Avenue was smashed by a blunt object. No arrest was made.

4/14 - At 3:15 in the afternoon an un-

known arsonist started a fire in the wooded area behind the school on City Island Avenue.

4/22 - Two Island males and an off-Islander were arrested at 1 a.m. after police officers from the 45th Precinct stopped their car for a traffic offense and found a firearm.

4/28 - A case of harassment was reported on Minneford Avenue at 10:30 a.m.

5/1 - A case of petit larceny was reported by a customer at a commercial establishment on City Island Avenue when a woman's cell phone was allegedly stolen in the restroom at about 5 p.m.

5/4 - An assault was reported on Minneford Avenue after the victim had left a restaurant and was punched by an unknown white male. No arrest was made.

5/5 - A case of criminal mischief was reported when unknown individuals threw eggs at a window of a house on Tier Street.

5/14 - An off-Islander, 23, was arrested for reckless driving with a suspended license and striking a police officer with his car as he was leaving a parking lot at 11 p.m.

Island Teens Implicated in Eastchester Robbery

By BARBARA DOLENSEK

An Island resident, Michael Sowa, 17, was arraigned in the Bronx on a weapons charge and for the criminal and unlawful possession of marijuana on April 23, 2010, after he was arrested at 1 a.m. on April 22, along with Islander Sean Cullen, 19, and William Rico, 22, for exceeding the speed limit on City Island Avenue at Cross Street.

Officers of the 45th Precinct had allegedly been alerted by the police in Eastchester, New York, to look for a 1994 white Honda, which had been the get-away car for a robbery that had taken place on Wednesday, April 21, at about 5:30 p.m., in Eastchester. A 21-year-old man had been robbed at gunpoint there by a young man who stole a BlackBerry and a wallet and ripped a chain from his neck, according to the police, as reported on the Westchester news website *Lohud.com*. Michael Sowa was subsequently identified as the robber and arraigned before an Eastchester town judge on a charge of first degree robbery.

The NYPD officers had found a loaded

semiautomatic firearm and a gravity knife in the Honda when they stopped Mr. Sowa, who was driving the vehicle. Marijuana was subsequently found in his possession, along with the BlackBerry and the gold chain. All three men were held on the weapons charge and, according to the Bronx District Attorney's office, pleaded not guilty at their arraignment on April 23 but were indicted by a Bronx grand jury on May 5. Mr. Sowa was also indicted for possessing marijuana. All three are due back in court on June 2.



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CI LIBRARY AT RISK

By BARBARA DOLENSEK

The budget cuts that are being proposed by New York City, as it awaits the state's approval of its own budget, are likely to affect everyone on City Island but none so much as that threatening the City Island branch of the New York Public Library.

The city proposes cutting \$37 million from the library budget, which may mean closing a number of the smaller library branches and drastically reducing services.

Island residents are being asked to stop by the library and sign their names on prepared letters pleading with the powers-that-be to leave the City Island library branch open.

Here is a sample letter for those who wish to write on their own.

Dear Mayor Michael Bloomberg (or Council Member James Vacca)

As one of millions of users of the New York Public Library, I urge you to restore the \$37 million cut that has been proposed for the library's budget.

This cut, the harshest in the library's history, would force neighborhood branches to close just when New Yorkers need them the most. Job seekers would lose resources to help them get back on their feet. Programs for children, literacy training, computer classes and so many other services that people depend on in hard times would all be eliminated.

One in three people now relies on the library for computer use and free internet access. Please, restore the funding so that our libraries can stay open.

Sincerely (Your Name and full address)

Send the letter to Mayor Michael R. Bloomberg, City Hall, Office of the Mayor, New York, NY 10007, and a copy to Council Member James Vacca, Council District 13, 3040 East Tremont Ave, Bronx, NY 10461 and Borough President Ruben Diaz Jr., 851 Grand Concourse, 3rd Floor, Bronx, NY 10451.

BUSY GIRL SCOUTS



Photo by RICK DEWITT

Girl Scouts who worked at the Mother's Day Plant Sale on May 8 were (l. to r.): Maya Librandi, Catherine Ficke, Emma Ramos, Meghan McConaghy, Chloe Librani, Dusty Prohaska; behind them stand leaders Kristen McConaghy and Brenda Prohaska.



Photo by RICK DEWITT

D.J. Ray leads a group of enthusiastic girls at the father-daughter dance held at the Harlem Yacht Club on May 14.

LADDER COMPANY 53 SAVED FOR NOW

By BARBARA DOLENSEK

May 17, 2010 was the date by which Mayor Michael Bloomberg should have posted the names of the 20 fire companies in the city that were threatened with closure as of July 1, 2010, the beginning of the city's fiscal year. He failed to do so. Because notice of such cuts must be given 45 days in advance, this was good news—at least temporarily—for the City Island fire house, which was rumored to have been on the list, as it was in 2009, when it was saved by funding provided at the last minute by the City Council.

Facing a serious budget crisis with a shortfall of \$1.5 billion, the Mayor is waiting for the state government in Albany to pass its own budget before he makes drastic cuts in New York City. He told the Daily News that he wants to wait and see what tax revenues are likely to be and what cash will be provided for the city.

In the meantime, Council Member James Vacca has introduced a bill that seeks to blunt the impact of potential firehouse closures by pressuring the Fire Department to keep response times under six minutes in areas affected by a closure. The bill (Intro 202) would require the Fire Commissioner to provide quarterly reports to relevant Council Members, Community Boards and Borough Presidents, indicating the new response times for fire and medical emergencies within coverage areas affected by a closure. If response times

exceed six minutes, as is expected on City Island, the reports would also have to include a detailed plan for how FDNY intends to reduce times.

"This is a matter not only of personal property but of human life," Mr. Vacca said. "Fires don't wait for help to arrive, and the longer it takes to get water on a fire, the higher the chance for a tragedy. I am committed to making sure all fire companies are kept open, but as a last resort, this bill would at least arm communities with information they'll need to stay safe."

Last year, when Mr. Vacca was chair of the Fire and Criminal Justice Services Committee, the FDNY had plans to close 16 fire companies citywide, including Ladder 53. Thanks to a \$14 million budget restoration by the City Council, however, all companies were kept open for the remainder of Fiscal Year 2010, which ends on June 30.

Mr. Vacca told *The Current*: "I am encouraged by the Mayor's decision not to proceed with firehouse closure recommendations. His deferral of action, I think, is in large part due to the mobilization of communities throughout our city, including here on City Island. While we still await a state budget, which was due on April 1, I will continue to fight against the firehouse closures as a member of the budget negotiation team for the City Council, as we did successfully last year."



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We welcome letters and opinions. Letters longer than 250 words will be edited, with every effort made to preserve their substance. We reserve the right not to print letters that are copies, libelous, inaccurate or in bad taste, or those that cannot be verified. Include your phone number. Anonymous letters will not be printed, but names will be withheld upon request.

Farewell to Morris

To the Editor:

Living as long as he did (1986-April 2010), even after the passing of his owner Roger, Morris the Cat came to seem like part of the natural landscape of City Island. He was always there, like a lighthouse, his friendly presence warming the walk to the bank or post office for countless Islanders over an entire generation. Now that light has gone out, and a part of the soul of City Island is gone forever. Morris will be greatly missed.

Mark Grant

SUMMER TRAFFIC

Continued from page 1

repeat the program from last summer with some enhancements. (It is hoped that one of these enhancements is the ability to keep officers on the island past midnight, which they did not do last summer. This issue is still under discussion.) Islanders should also know that both Senator Klein and Council Member Vacca have each met with the Police Department's new Bronx Borough Commander, who supports the plan again for this summer.

The presence of police officers during the summer is possible because the Police Department plans and redeploys their staff to address this issue. Unfortunately, as we all know too well, City Island often experiences traffic on weekends before Memorial Day and after Labor Day if the weather is nice. Although the Police Department plans traffic control on days where they know there will be traffic problems on the island (Valentine's Day, Easter Sunday, Mother's Day, Memorial Day parade, Halloween parade), despite our requests they have told us that they cannot reassign police officers to City Island on short notice if it turns out to be a nice day and people flock to the island. This is not an unexpected response,

but it is nonetheless unsatisfactory. The Civic Association will continue to work with our elected officials and the Police Department to remedy this problem.

In the meantime, residents can help by reporting any problems, including excessive noise, speeding, using the fire lane, illegal parking, littering, and so on, to New York City by calling 311, reporting the problem, getting a complaint number and forwarding the complaint number to the Civic Association for following up. Despite the inconvenience and annoyance of traffic, visitors to City Island do support our local economy and provide revenue to our many businesses.

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A Current Review

“BLITHE SPIRIT”

By **BRUCE A. WEIS**

“Blithe Spirit” is a classic English farce with an ethereal twist, authored for an age when words such as “didactic” and “supercilious” were in common usage. Written by Noël Coward shortly after the beginning of World War II, “Blithe Spirit” was first presented in Manchester, England, in June of 1941. The play caught on, made it to Broadway that November, and was produced in a series of New York theaters in the years that followed. The play has been revived repeatedly, in England, on Broadway, and in regional theaters across America. It has been produced on radio and television, made into a movie, adapted into a musical (“High Spirits”); it even appeared on television’s Hallmark Hall of Fame. Glen Cove High School’s 2007 interpretation can be viewed on YouTube.

On April 30, “Blithe Spirit” finally made it to City Island, when the City Island Theater group donned British accents and hit it out of the park with six performances from April 30 through May 8, 2010.

Charles Condomine (Matthieu Regney), hoping to learn about the occult for a novel he is writing, arranges a séance at his home, together with another couple. At the séance, the medium, Madame Arcati (Camille Kaiser), inadvertently returns Charles’s deceased first wife, Elvira (Emily McSpadden), to life. Elvira promptly takes up residence in the Condomine home, much to the chagrin of Charles’s second wife, Ruth (Susan Rauh). At first, only Charles can see or hear Elvira, so Ruth spends much of the second act assuming that Charles has gone insane, as she struggles to understand the conversations Charles is having with thin air. Elvira, meanwhile, makes determined efforts to undermine Charles’s current marriage. She finally sabotages his car in the hope of kill-

ing him so that he can join her in the spirit world but Ruth, instead of Charles, drives off and is killed, leaving Charles with two ghosts on his hands.

Charles calls Madame Arcati back, hoping to exorcise both spirits, with only limited success. With both his dead wives present, and disagreeable, Charles and Madame Arcati, go through séance after séance, trying to exorcise them. In the end, Charles appears to be left in peace, but Madame Arcati hints the ghosts may still be around, so . . .

Matt Regney, as Charles Condomine, the central role of “Blithe Spirit,” anchors the play. He strives to keep up appearances in a perplexing situation, juggling two wives in various states of life, and their competing demands. Susan Rauh, as Charles’s second wife, Ruth, plays off of Charles’s confusion perfectly as she struggles to find an appropriate way to fit a deceased former wife into the structure of their life, all the while projecting just a hint of the barely controlled hysteria that she can do so well.

Emily McSpadden, as the departed Elvira, comes close to stealing the show in her role of vamp from beyond the grave as she strolls through fogs of dry ice and twirls her long gown, seemingly oblivious to the chaos she causes around her. Camille Kaiser, in the role of Madame Arcati, projects the tone of English-tinged 1970s hippie, an ideal counterpoint to the staid society folk surrounding her in the play. Nicolas Perugini and Carol Dooner, as Dr. and Mrs. Bradman, the other couple at the séance, serve as the play’s counterpoint to Charles and Ruth Condomine. They are both sensible, grounded in what is appropriate and what isn’t possible, and they each do a fine job of projecting a sense of acceptable standards for the



Photos by **RICK DEWITT**

The City Island Theater Group brought Noël Coward’s “Blithe Spirit” to life with six dazzling performances in April and May. Matt Regney stars as John Condomine (top photo, center), whose life is complicated by the sudden appearance of his deceased first wife (Emily McSpadden as Elvira, far right), who has been summoned by the eccentric Madame Arcati (Camille Kaiser, bottom photo). Unfortunately for Mr. Condomine, Elvira cannot be seen or heard by his present wife, Ruth (Susan Rauh, on the sofa) or by his friends (Carol Dooner and Nicolas Perugini as Dr. and Mrs. Bradman), which serves to make matters worse for himself but highly entertaining for the audience.

Condomines and Elvira to violate. Michelle Gonzalez, as the Condomines’ hyperactive maid, opens the play, provides a glimpse of another facet of their society and ultimately provides the key to the mystery of “Blithe Spirit.”

The set, designed by Dorothy Muccio and Sam Santiago and assembled by Con Grondahl and John Byrne, was simply beautiful. Rumor has it that Grace Episcopal Church is considering making the play’s set, minus its supernatural features, a permanent piece of its Parish Hall (Okay, I’m making this up, but it’s really not a bad idea). The costumes assembled by Carol McCabe and Norma Kerner, somehow managed to cover all the existing bases, from English society to fashion from beyond the grave, and covered them elegantly. Denis Zepada’s handling of the

play’s lighting, in a word, was haunting. Christopher McGowan bore responsibility for make-up and special effects, a daunting task he carried off well, especially considering the number of spirits he had to contend with. Barbara Dolensek managed to put together a suitable English manor household using items from thrift shops and the basement of Grace Church. Justine Costanza and Hannah Glick, who starred in the City Island Theater Group’s recent production of “Wait Until Dark,” went behind the scenes for “Blithe Spirit” as production and assistant stage managers, respectively. The production’s smooth flow attested to their work.

The whole thing was brilliantly pulled together by the director, Maria Provenzano, whose attention to tiny details was as effective as her command of the larger issues of blocking and such. Nick Sala handled his usual 10,000 details as production manager.

“Blithe Spirit” psychic advisor was City Island’s own Sophia, and I’m able to say that she does a great palm reading. I’m told I have a long life line, for which I’ll be eternally grateful.

Every production of the City Island Theater Group seems to be better than the one before. “Blithe Spirit” carries on this tradition of improvement, and in a very big way.

**CHILDREN'S PROGRAMS
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Lambs

On the first Sunday of every month, Grace offers free babysitting during the 10:00 a.m. service. Drop off your child and enjoy uninterrupted worship time. No registration is required.

Grace Church and Trinity Methodist will again offer Vacation Bible School for young children.

This is a fun one-week day camp experience from 9 AM to 12 Noon here on the Island.

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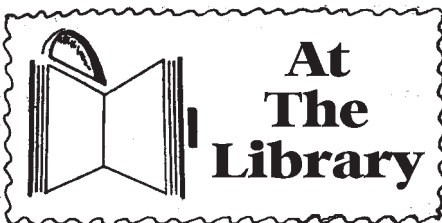
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Bob Carmody and **Atlantic Emeritus Realty, Inc.** will celebrate their 20th anniversary on Sunday, June 6, starting at 3 p.m. in front of the real estate office at 300 City Island Avenue, with refreshments and fun for kids; then they will continue across the street at Hawkins Park with live music at 5 p.m., compliments of the office staff (see their monthly ad in this issue).

"Here Comes the Sun" at the **Focal Point Gallery**, 321 City Island Avenue, from June 4 through June 27. The exhibition will consist of paintings, drawings and photographs celebrating light. There will be an opening reception on Friday,

June 4, from 7 to 10 p.m. If you are an artist and would like to take part in the above exhibition, call 718-885-1403 to make an appointment to bring in your work. All work has to be framed ready to hang. There is a \$20 hanging fee for each framed piece and a 30 percent commission taken from the asking price.

The Starving Artist Cafe & Gallery (249 City Island Avenue) offers a June filled with art and a musical choice for everyone. An exhibition of the photography of Patrick Durante opens with a reception on Saturday, June 12, from 4 to 6 p.m. Saturday music-artist highlights include Bennett Harris, Saturday, June 12, 8 p.m.; Port o' Monkeys, with City Island's Chris Wertenbaker, Saturday, June 19, 8 p.m.; John Guth, Saturday, June 26, 8 p.m. Songwriter and Starving Artist "sweetheart" Theresa Sareo returns to the Artist on Sunday, June 20, at 3 p.m. Music is on the menu Thursdays through Sunday at Starving Artist; see a complete line-up at www.starvingartistonline.com.



Hours: Mondays and Thursdays 11 a.m. to 7 p.m. Tuesdays and Wednesdays 1 to 6 p.m. Fridays 12 noon to 5 p.m. Saturdays 10 a.m. to 5 p.m.

Children's Programs

Baby Lapsit Program: Wednesdays, June 2 and 16, 10:30 a.m. Birth to 18 months. All welcome for story time and music.

Toddler Program: Thursdays, June 3, 10, 17 and 24, 10:30 a.m. Pre-registration is required. Ages 18 to 36 months.

Picture Book Program: Thursdays at 3:30 p.m. Ages 4 to 11.

Father's Day Arts and Crafts: Tuesday, June 1, at 3:30 p.m.

Special Program: "Forgotten Math" for Parents. When was the last time you had to add fractions or do a percentage problem? Does the word "algebra" strike fear in your heart? This free, fun, interactive seminar will help you overcome your math fears, so homework time with your child isn't quite so scary. You'll travel from station to station revisiting some of the math skills you may have forgotten. It's a fun way to freshen up on fractions and other skills. Your children will be impressed when you start helping them with their homework again. This will be taught by Sylvan Learning Center instruc-

tor Michael Raymond on Thursday, June 10, at 5:30 p.m.

Young Adult Programs

Graphic Novel Rewrite: Mondays from 3:30 to 4:30 p.m.

Manga Overdrive: Tuesdays from 3:30 to 4:30 p.m.

Yu-Gi-Oh: Wednesdays from 3:30 to 4:30 p.m. Tournament will be held on Saturday, June 26, from 12 noon to 4:30 p.m.

Teen Time Game On: Thursdays from 3:30 to 4:30 p.m.

Special Program: Game Strike. Friday, June 25, from 3:30 to 4:30 p.m.

Adult Programs

Basic Computer Instruction: Tuesday mornings at 10:30 a.m. Given in English, Spanish and Albanian. Pre-registration is required.

Resume Writing Workshop: Need help in writing or updating your resume? Come to our workshop. Wednesdays from 10 a.m. to noon. Please pre-register.

Special Program: Frank Sinatra Tribute in Song. Tom Smith will perform this concert. Saturday, June 5, at 2 p.m.

Special Program: "The overview on the Second World War." Jerry McCue, who previously lectured on the Civil War, will give a lecture on World War II. Saturday, June 12, at 2 p.m.

We are located at 320 City Island Avenue at Bay Street. For information about any of the programs above, call the City Island branch at 718-885-1703.

Pelham Bay Park Events

Ranger Walks and Workshops

"Shore Birds": Sunday, June 6, 11 a.m. From the common to unusual, Orchard Beach abounds with shore birds; come join us and see how many you can spot. Bring your binoculars if you have them. Meet at the Orchard Beach Nature Center, Section 2. Call 718-378-2061 for information.

"Moses Builds a Beach": Saturday, June 12, 1 p.m. Robert Moses, NYC's famous Parks Commissioner, left a lasting imprint on the Bronx. Learn about him and the building of Orchard Beach. Meet at the Orchard Beach Nature Center, Section 2. Call 718-378-2061 for information.

Join NYC Media and the Parks Department for a free screening of "Blueprint / New York City / Parks" on Saturday, June 12, at 7 p.m. at the St. James Recreation Center. This hour-long special takes viewers on a tour of five iconic parks—Central Park, Prospect Park, Pelham Bay Park, Flushing Meadows Corona Park, and the Staten Island Greenbelt. Using lush visuals from the present day, vintage photos, archival footage, and expert interviews, their history comes to life in an exploration of how the design of urban parks transformed the city's landscape. The outdoor screening will also feature "It's My Park," an NYC life series that offers overviews, activities and behind-the-scenes glimpses of many of the city's most beautiful green spaces throughout the five boroughs. For information, visit the Parks website at

www.nyc.gov/parks.

"Forever Wild! Explore Twin Island": Saturday, June 19, 1 p.m. Comb the beaches, scour the salt marshes and hike the woodlands of these former Islands, which are now connected to Orchard Beach. Meet at the Orchard Beach Nature Center, Section 2. Call 718-378-2061 for information.

"Seining the Shores": Sunday, June 20, 11 a.m. There's more than one way to catch a fish! For this slightly different take on fishing, you cast in a net instead of a line. Who knows what you'll come up with! Meet at the Orchard Beach Nature Center, Section 2. Call 718-378-2061 for information.

"Family Camping": Friday, June 25, from 6 p.m. to 7 a.m. Pitch a tent, go on a night hike to meet the nocturnal residents of Pelham Bay Park and sleep under the stars near the Orchard Beach Nature Center. Bring a flashlight and sleeping bag. Space is limited. To register, visit www.nyc.gov/parks/rangers/register on June 16.

"Island Hopping": Sunday, June 27, 11 a.m. Orchard Beach is surrounded by islands – some big, some small, and some that only show at low tide, but most have names and some have stories. Explore these islands by canoe. Space is limited. To register, visit www.nyc.gov/parks/rangers/register on June 16.

"Into the Depths": Saturday, July 3, 2 p.m. Pull on some waders and use seining nets to find out who's living below the surface of the water at Orchard Beach. Meet at the Orchard Beach Nature Center, Section 2. Call 718-378-2061 for information.



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Photo courtesy of BRENDA PROHASKA

Islander Ginger Kotoff-Hanford calls this photograph “Mickey’s Big Win” because Mickey took second place in the tail-wagging contest at American Cancer Society’s Bark for Life Dog Walk fund-raiser, which took place this year on May 2 at Bear Mountain State Park. But even without the ribbon, Mickey was certainly a big winner this year. Ginger and her husband, Steve, recently lost their last beagle, Kacy, at the age of 13. They weren’t planning on another dog, but when Ginger saw Mickey’s face on the *ny-petrescue.org* website, she fell in love and Mickey found a new home. Ginger has participated in many fund-raisers for cancer since losing her sister to lung cancer seven years ago, and she knows how important it is to fight for a cure. She raises funds as a Pampered Chef consultant, often pairing that effort with her own fund-raiser cruises on the *Riptide*; this year on May 22 and 23 she participated in the Relay for Life fund-raiser at Glovers Field in Pelham. She takes part in the Orchard Beach Breast Cancer Walk every October, and this year she was delighted to have Mickey join her in the Bark for Life walk.

LIVING LONG ON CITY ISLAND

By MIRIAM BENITEZ-NIXON



Photos by MIRIAM BENITEZ-NIXON

Fitness classes for seniors take place in several settings on City Island. Zumba classes (above) can be attended at the Community Center.

Where can you take four exercise classes, two dance classes and a group walk to Orchard Beach each week for the price of \$6 a week or \$20 a month? At the Community Center (190 Fordham Street) and Grace Hall (116 City Island Avenue), that’s where. These 45-minute classes are funded by Presbyterian Senior Services, the NYC Department for the Aging and NYC Arthritis Foundation and take place at the Community Center on Mondays and Grace Church Hall on Tuesdays, Thursdays and Fridays. Classes may also be paid for on an individual basis, (\$4 for dance classes and \$2 for exercise classes). The catch? You have to be 50 years young to participate!

To find out what the classes were like, I attended them all. On Mondays at 10:30 a.m., there’s zumba at the Community Center, with Adelaide Kontras (filling in for Stephanie, who returns in June). Zumba fuses Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program; it is so much fun that you forget you are exercising. To get more information about zumba, go to <http://www.zumba.com/us/>.

On Tuesdays at 9:30 a.m., there’s Cardio Fitness with Mary Immediato, which is based on the popular Silver Sneakers program. At 10:30 a.m. there’s Sittercise, with Norma Kerner, who focuses on movement for arthritic joints. The first class was a great workout, and Sittercise was a combination of simple movements with great stretching.

Thursdays at 9:30 a.m., there’s Yoga Stretch with Michael, who talks you through the class, making the yoga moves easy to follow. It’s a relaxing, stress-reducing class that leaves you feeling good.

At 10:30 a.m., Patty Grondahl’s Arthritis Exercise class provides a gentle exercise routine that focuses on range of motion, endurance and strength for people with arthritis. However, having arthritis is not a requirement; one of the exercises included bouncing a ball, which was a lot of fun.

Friday, May 7 was the first class of Masala Bhangra with Adelaide. The Masala Bhangra Workout® is derived from two Indian words: Masala, which means “spicy” in Hindi, and Bhangra, which is a traditional folk dance from the northern state of Punjab. The workout is designed for people of all ages and fitness levels. Although this dance was totally new to me, it was easy to keep up. For more information, go to <http://www.masaladance.com/>.

The final component of the program is the Orchard Beach Walk which, when scheduled, leaves Pilot Street on Wednesdays at 9:30 a.m. A van is available if a ride to any of these activities is needed. The suggested contribution for van transportation to programs is 50 cents round trip.

Let’s face it, we are living longer and exercise is vital to a better quality of living. Some classes are more vigorous, and others can be taken sitting down. We have to keep our bodies moving—use it or lose it—if we are to enjoy our golden years. I, for one, want to keep up with the grandkids, and the dance classes (my favorites) sure kept me on my toes! This program is open to men and women, and scholarships are available. Call Patty Grondahl at 718-885-1891 for further information on any activity in this article.



Photo by RICK DEWITT

On Sunday, May 23, 2010, the City Island Nautical Museum (190 Fordham Street) held an artists’ reception at the opening of the new summer exhibition, “City Island: Through the Artist’s Eye,” which will be on display through the summer.

Bartow-Pell Mansion Museum Events


Discover traditional music of the Bronx’s many cultures with the kick-off of *Bronx Beat at BPMM* on Friday, June 4, from 5:30 to 8:30 p.m. The evening features Afro-Caribbean percussion and dance with ¡Retumba!—a local music and dance ensemble. The free Bronx Seaside Trolley does a continuous loop from the #6 Pelham Bay Park subway station to the Bartow-Pell Mansion Museum and on to City Island. Registration requested. Cost \$8 adults, \$5 seniors & children 6–17; members free.

Celebrate Flag Day at BPMM at 3:30 p.m. on Monday, June 14. Learn how the American flag has changed over time, drawing from the history of Bartow-Pell Mansion. Explore patriotic symbols throughout the Greek Revival interior of the mansion and create a flag of your own. Appropriate for ages 6 and up. Space is limited, so registration is required. Cost \$5

per person; members \$3 per person.

Take Me out to the Ball Game 1864 on Saturday, June 19, at 1 p.m. Pack a picnic lunch and celebrate Dad all weekend long with a Saturday afternoon “baseball match.” The New York Mutuals play by 1864 rules using replica balls, bats and uniforms—but no helmets or gloves! After the game, kids get to join in the fun with a game of rounders with team members. Plus there will be a raffle for the game ball and free house tours. Registration requested. Cost \$15 adults, \$5 children 6-17; members \$10 adults, \$3 children. Call 718-885-1461 or e-mail info@bpmm.org.

Why spend those hot summer days in your house when you could spend it in ours? Solve mansion mysteries and gather around our wigwag for a week-long program full of creative crafts, fun games, and more. The program runs from Monday, June 28, to Friday, July 2, from 9 a.m. to 2 p.m. Recommended for children entering grades 1 through 4. Scholarships are available; registration is required. Cost per child \$125; members \$100.



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Organization News

News on this page concerning organizations, and events listed in, are submitted by representatives of those organizations. A limit of 150 words is requested for all news items submitted. In most cases news will be edited and every effort will be made to preserve the substance of longer items. News and calendar events must be received by no later than the 20th of each month except December and July. If the 20th falls on a holiday or Sunday, the deadline is the 19th. Mail submissions to P.O. Box 6, City Island, NY 10464. YOUR NAME AND PHONE NUMBER MUST BE INCLUDED.

Current Calendar

JUNE

Sat. and Sun., June 5 and 6, **Arts and Crafts Fair**, sponsored by the Chamber of Commerce, 11 a.m. to 7 p.m. City Island Avenue.

Thurs., June 17, **Community Board 10 meets**, Providence Rest, 3304 Waterbury Avenue, 7:30 p.m. Call 718-892-1161 for details.

Thurs., June 17, **Garden Club Spring Luncheon**, City Island Yacht Club, west end of Pilot Street. Call 718-885-1361 for reservations.

Sat., June 26, **POTS Program**, St. Mary's School Yard, Minneford Avenue and Kilroe Street, drop-off between 4:30 and 5 p.m. Menu: Chef's salad (lettuce, tomatoes, cucumbers, cubes of ham, turkey, etc.).

Sun., June 27, **Blessing of the Fleet**, 1 p.m. off Fenton's Marine Dock, VHF Channel 71 beginning 12:30 p.m.

Tues., June 29, **City Island Civic Association meets**, 7:30 p.m., Community Center, 190 Fordham Street.

JULY

Thurs., July 1, **"The Bronx Salutes America" Fireworks**, sponsored by State Senator Jeff Klein (rain date July 2), 9 p.m., Orchard Beach.

Trinity United Methodist Church

Our weekly worship service and Sunday school are at 10 a.m. Holy Communion is celebrated on the first Sunday of each month. Prayer service is held every weekday at 9:15 a.m. We encourage you to bring your children to Sunday school to further their knowledge of the teachings of Jesus Christ. Sunday school will end for the summer on June 6. Trinity often has a coffee hour after the service; come and join us for worship and fellowship.

Don't forget to register your youngsters for Vacation Bible School before June 20. Grace Episcopal, Trinity United Methodist and St. Mary's will run the Vacation Bible School at Trinity the week of July 6.


Anchor House will be present at our July 18 service for a praise and witness worship service.

The Budget Corner will be open June 1, 5, 8, 12, and 15. Budget Corner will be closed for the summer but will reopen mid-September. Will someone out there please volunteer to lead Budget behind the scenes? Myra Martin will work right along with you to help and train you for this responsibility. It is basically contacting the established crew for work dates and help with the gleaning and pricing. We need your help; call Myra at 718-885-1049.

Trinity wishes everyone a blessed, happy and safe summer.

Ellen G. Hebard

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St. Mary, Star of the Sea

On Friday, June 4, we will have our monthly Holy Hour from 4 to 5 p.m. This will be our last scheduled Holy Hour before the summer months. Come and join us for this period of adoration.

On Friday, June 11, the graduates of St. Mary's school will have their graduation Mass at 7 p.m. and will follow this with a party in the school gym. Graduation exercises will take place the following week, June 18, at 7 p.m. in the church. We congratulate all our graduates, both those in St. Mary's school and those in our religious education program who attend other schools, and we wish them all well in their high school careers.

On Father's Day, June 20, we will honor our fathers with a special blessing at all the masses.

St. Mary's Thrift Shop will be open during the month of June. It will close on June 26 for the summer months.

Our Parish Council will bring the year's activities to a close by gathering for a celebration dinner on Monday evening June 28.

At the end of the month, we will once again welcome Fr. Alexander Iheonunekwu, who will be returning to us from Nigeria for the summer months.

Have a happy, healthy and safe summer.
Sr. Bernadette, osu

PSS Healthy Senior Exercise Program

This exercise program began over two years ago with the goal of providing inexpensive, high-quality exercise classes for older adults on City Island. We are happy to say that the program has grown, and we are now offering seven exercise programs a week. Beginning in June, we will offer all classes for \$20 per month or on a weekly basis for \$6 a week. We want to provide whatever works best for you, so, as always, you can contribute to one or more classes on an individual basis.

Here is the schedule for June: Zumba with Stephanie: Monday at 10:30 at the Community Center; Cardio Fitness with Mary: Tuesday at 9:30 at Grace Church Hall; Sittercise with Norma: Tuesday at 10:30 at Grace Church Hall; Orchard Beach Walk: Wednesday leave Pilot Street at 9:30; Yoga Stretch with Michael: Thursday at 9:30 at Grace Church Hall; Arthritis Exercise with Patty: Thursday at 10:30 at Grace Church Hall; Dance/Exercise with Adelaide: Friday at 10:00 at Grace Church Hall.

Call Tony at 347-834-6466 for transportation to programs and for a schedule of afternoon shopping trips to Shore Road, Shop Rite, Fairway, Target, Key Food, Bay Plaza, Stop and Shop and Empire City and more.

Remember that June 11 is the date for our annual Health Fair at Grace Church Hall. For further information call Patty at 718-885-1891. Programs are funded by Presbyterian Senior Services, the NYC Department for the Aging and the NYC Arthritis Foundation.

Pat Grondahl



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Photo by RICK DEWITT

"Duh Best Fairy Tale Mix Ever: Hoodies, The Next Generation," otherwise known as **"The Magic Kiss,"** was performed by the City Island Community Center Drama Class directed by Laury Hopkins. The cast included Olivia Albertelli, Carlo Fine, Dusty Rose Prohaska, Ella Banham, Jessica Lachman, Samantha Kucerak, Harry Banham, Everett Sanderson, Lydia McElroy, John Cebollero, Phoebe McElroy and Serena Balassi.

Grace Episcopal Church

Weekly worship schedule: Grace Church celebrates Holy Communion every Sunday at 10 a.m., with child care available on the first Sunday of the month. We also offer Evening Prayer in the church every Monday at 7 p.m., and Morning Prayer on Wednesdays at 10 a.m.

Here is an overview of special events at Grace Church during June and early July:

Sunday, June 6, 10 a.m.: Holy Eucharist, with "Lambs" child care.

Thursday, June 10, 7 p.m.: Card-making for service men and women (Parish Hall) Please see separate article in this issue or call Joanne Brogan at 718-885-2713 for more information about this exciting new ministry!

Sunday, June 13, 10 a.m.: Holy Baptism, Holy Eucharist, and the Laying on of Hands for Healing.

Tuesday, June 15, 7 p.m.: Bible Study on the Gospel of Luke and "Hearts and Hands" knitting ministry (both in Parish Hall).

Thursday, June 17, 7 p.m.: Card-making for service men and women (Parish Hall)

Sunday, June 20, 11:30 a.m.: Father's Day Picnic, sponsored by the Children's Church School. This year we also are delighted to welcome our new Assisting Priest, The Reverend Curtis Hart, and his wife, Ms. Stephanie St. Pierre, who are new to the Island and will be living in the Grace Church Rectory. Please come celebrate with us!

Tuesday, June 22, 7 p.m.: Bible Study and "Hearts and Hands" ministry.

Thursday, June 24, 5:30 to 7:30 p.m.: Zumba fund-raiser for Grace Church (Parish Hall).

Tuesday, June 29, 7 p.m.: Bible Study and "Hearts and Hands" ministry.

Tuesday, July 6—Friday, July 9, 9 a.m. to 12 noon: Sixth Annual Ecumenical Vacation Bible School (at Trinity Methodist Church). Please call the Grace Parish Office to register your child or to volunteer to help with our program.

For more information about services and programs at Grace, please call 718-885-1080, or visit our website, www.gracecity-island.org.

Rev. Patricia Alexander

REGULAR MEETINGS

Weekly Twelve-Step Meetings on City Island

Narcotics Anonymous:

Sundays at 2 p.m., St. Mary, Star of the Sea Church, City Island Avenue near the Bridge.

Thursdays at 8 p.m., Trinity United Methodist Church hall, 113 Bay Street.

Saturdays at 12:30 p.m., Grace Episcopal Church hall, 116 City Island Avenue (at Pilot Street).

Alcoholics Anonymous:

Mondays at 8 p.m., Trinity United Methodist Church hall.

Tuesdays at 8 p.m., St. Mary, Star of the Sea Church.

Wednesdays at 7:30 p.m., Grace Episcopal Church.

St. Mary, Star of the Sea Church: 718-885-1440

Trinity United Methodist Church: 718-885-1218

Grace Episcopal Church: 718-885-1080

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For additional information about the Community Center, or if you are interested in conducting classes here please call 718-885-1145.

Open Monthly Meetings of the Board are held on the first Tuesday of each month at 7:30 p.m. in the Community Center Main Room at 190 Fordham Street. All members are encouraged to attend. For up to date information visit www.cityislandcommunitycenter.com.

NEW CLASSES

Summer Art: July 5–Aug. 26, Monday through Thursday from 10:30 a.m. to 12:30 p.m., \$5 per day. Drawing, painting, sculpture, building toys, crafts and more! Preschoolers must be accompanied by adults, but all caregivers are welcome to stay and participate.

Weekly Schedule

YOUTH PROGRAM

Irish Dance: The Deirdre O'Mara School of Irish Dance teaches step dancing in a fun, competitive environment for all ages. A confidence-building and cultural experience for all who participate. Wednesdays after school. Call Deirdre at 201-679-1450 or visit www.deirdreomara.com.

Tae Kwon Do: Traditional classes to benefit you physically, mentally and spiritually. Some benefits include improved cardiovascular health, better focus and concentration, increased flexibility and lean body mass. Children will learn cour-

tesy, integrity, perseverance, self-control and indomitable spirit. Tuesdays at 5 p.m. and Saturdays at 11 a.m. \$10 per class, twice weekly.

Sally's Playground: Where children ages 1–5 enjoy indoor play. Wednesdays from 9:30 a.m. to 12 noon. Call Sally at 718-885-0349 with questions. \$7 per child (\$4 for each additional sibling). Come and join the fun!

Mommy and Me Fitness: Tuesdays and Thursdays, 9 to 10 a.m. A high-energy aerobics class that allows you to bring your children along up to the age of 6. For more information, call Sarah Persteins at 718-885-9122.

Vilma's Music Together. Music and movement for children ages birth through 5 and adults who love them! Saturdays from 10 to 10:45 a.m. For more information, call 718-882-2223, visit www.fun-timemusictogether.com or e-mail info@fun-timemusictogether.com.

Art Classes by Laury Hopkins: Call 718-885-3202; please leave a message. Private and semiprivate lessons available.

ADULT PROGRAM

Gentle Yoga-Qi Gong Class with Norma: Wednesdays at 7 p.m. Get into shape, relax the body and mind and have some fun doing it! This class is a combination of low-impact Hatha Yoga and Qi-Gong (free form Tai Chi) and mild stretches. Although this class is geared to those who have not exercised in a while, all levels are welcome. Price per class is \$7. Please bring a yoga mat, yoga strap and yoga blocks. Most of these items are available at Barnes & Noble, Modell's, Target or K-Mart. Straps and blocks will be available for purchase on the day of the class. For more information, please call 718-730-3442. Namaste.

Fit for Life with Sarah: Hi-Lo impact aerobics, strength training/toning, kickboxing and more. Tuesdays and Thursdays from 4 to 5 p.m. For more information, call Sarah Persteins at 718-885-9122.

Rhythmic Movement Exercise Class: A fun way to combine exercise with various styles of dance. Mondays from 6 to 7:15 p.m. \$15 per person. If you have questions, please call Judy Farnum, Group Fitness Instructor, at 914-548-4184 or e-mail judyfarnum@aol.com.

Yoga With Emily: Yoga class now being offered on Wednesdays at 10 a.m. All levels are welcome. Call Emily Wilson at 347-886-4546 with any questions.

Belly Dancing: Shimmy by the Sea. Theresa Mahon (a.k.a. Salacia) teaches the oldest documented dance in the history of mankind—Egyptian belly dancing. It is a low-impact way to get in shape and tone your body while having lots of fun. Terry has been a professional belly dancer for 23 years and a teacher of the art for 15 years. Classes are held every Monday evening at 7:30 p.m. The fee for each one-hour class is \$15. Call 845-358-0260.

Aerobics with Mary: Monday, Wednesday, Friday: Half-hour low impact at 8:30 a.m. Sunday, Monday, Wednesday and Friday from 9 to 10 a.m. Call Mary Immediato at 718-885-0793. New class added: Saturday 9 a.m.

Yoga: A beginner to intermediate class that includes Hatha and Namaste yoga with some Saroope (restorative yoga). Also tai-chi, which will help balance immune system and reduce pain. Please e-mail Marc Kaplan for inquiries at marc@ohm-chi.com or call 718-885-2445.

City Island Civic Association: Meets at 7:30 p.m. on the last Tuesday of every month (except December).

Amy Gottlieb

Post 620, 1530 Hutchinson River Parkway. We encourage all delegates to attend and cast your votes as we have the leading candidate, the "Chief," Joe Goonan. Collation to follow the convention at Legion Post 156.

The outgoing Commander's Dinner will be held at the Lobster House on Thursday, June 3. A sign-up sheet will be at the Legion Post.

All candidates for office were re-elected to serve another year at the recently held elections.

The Memorial Day Parade will be on Monday, May 31. The official starting time will be at 2:30 p.m. with assembly at 2 p.m. All are invited to participate in viewing the parade and the gathering afterwards at the Post. This year's parade will feature a Navy marching band as well as contingents of U.S. Navy sailors and U. S. Marines. Come and support our troops.

Congratulations to the Ladies Auxiliary on a successful Bingo.

Until next month, at ease.

Russ Schaller, Sgt. Emeritus



City Island Republicans

June 8 is the first day for petitions to be signed. You will see us around the Island collecting signatures of registered Republicans in order to place candidates on the ballot. Signing a petition does not mean that one has to vote for that person. The candidates are required by New York State election law to collect a certain number of signatures before they can be placed on the ballot.

It has been reported to me that we may be having a Republican primary this September. The last time City Island had a Republican primary was in 2006. More information will follow in a future issue of *The Current*.

Our next meeting will be held on Wednesday, June 9, at 7:30 p.m. at the Legion Post, 550 City Island Avenue. Petitions will be handed out at the meeting.

Fred Ramftl Jr.

Sons of the American Legion Squadron # 156

Our Texas hold 'em tournament was a great success. All of the players had a great time.

We will be proudly marching in the Memorial Day Parade on Monday, May 31. As of press time, the parade will start at 2:30 p.m. Because of red tape from the city, the starting point of the parade is not yet known, but it will most likely start at the ball field next to P.S. 175 and will end at the Post for some much-needed beer, soda, and award-winning gourmet hotdogs made fresh right in the basement of the Post.

We would also like to commend Ed Shipp, Nick Batista and Russ Garcea, who worked tirelessly to install new flag holders on all the poles along City Island Avenue for our upcoming parade. Job well done!

Longtime regular member Joseph Goulden died. As some members have reported, he was an SAL member prior to entering the service during World War II. Our Post had a squadron prior to World War II. The Squadron was reestablished in 1990.

Currently, regular member Bill Walsh is on sick call recuperating from major surgery at Columbia Presbyterian Hospital. Regular member Jack "POP" Sullivan is also in the hospital at Einstein recuperating from pneumonia. We hope to see them back at the Post real soon.

Just a reminder, dues are past due. They are \$30 and can be dropped off at the Post. Anyone more than two years behind will be removed from our rolls.

Fred Ramftl Jr.
Vice Commander, Membership

Legion News

Post 156 lost another comrade in May. Joseph Goulden will join his comrades at Post Everlasting at a ceremony on Monday, June 7, at the 7:30 meeting at the Legion. A memorial service will be held at 10 a.m. at Trinity United Methodist Church on Sunday, May 30.

The Bronx County convention will be held on Friday, June 4, at the Sam Young

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The Visiting Nurse Service of New York, Councilman James Vacca and the Presbyterian Senior Services are pleased to announce the 2010 City Island Health Fair.

When: Friday, June 11th

Time: 10:00 AM to 2:00 PM

Where: **Grace Church Hall** (116 City Island Avenue – at the corner of City Island Avenue and Pilot Street)

The 2010 City Island Health Fair will have doctors, nurses, physical and occupational therapists, and social workers on hand to do health screenings and answer your health related questions.

*Bring this ad to the 2010 City Island Health Fair and you'll receive a **free health kit** from the Visiting Nurse Service of New York.*



St. Mary, Star of the Sea School

Best wishes to all the eighth-grade graduates, who will attend the following high schools in September: **Academy of Mount St. Ursula:** Hillary Fajardo, Maci Gumbs, Genesis Rodriguez; **Aquinas High School:** Lauryn Hill, Amber King, Christina Ortega, Brianna Saunders; **Cardinal Spellman:** Alanis Lopez, Jadica Marrero, Lucinda Ocasio, Kadeem Pitkin; **Elizabeth High School (New Jersey):** Xavier Pizarro; **Fordham High School for the Arts:** Briana Mitchell; **Fordham Preparatory School:** Jonathan Ward; **High School of Fashion:** Akilah Branch; **Manhattan Village Academy:** Kevin Bowles, Teyonna Brown; **Monsignor Scanlan:** Brittany Phillips; **Mount St. Michael Academy:** Justin Alejandro; **St. Catharine Academy:** Connie Lovera; **St. Raymond Academy:** Barbara Epps; **St. Raymond High School for Boys:** Desmond Albright, Nathaniel Correa, Rene

Ledesma Jr., Aeson Purse, Dakota Redwood, Darin Smith; **Salesian:** Vincent Forman; **Xavier High School:** Daniel Green. Sandra Barrow is relocating to Florida. Good luck to all!

Public School 175

Best wishes to all the eighth-graders, who, pending successful completion of promotion requirements, will be attending the following high schools in September: **A. Philip Randolph Campus High School:** Nakami Hope-Felix; **Archbishop Stepinac:** Charles Flemen; **Astor Collegiate Academy:** Ardita Rugova, Andrew Simoncek; **Aviation High School:** Jonathan Langkamp; **Blessed Sacrament:** Nicholas Cambria, Joseph Fusco, Joseph Giocondo, Anna Manfredonia, Daniel Pirraglia, Gerard Pirraglia, Samantha Rivera; **Bronx Aerospace Academy:** Joseph Ceraolo; **Bronx High School for Law and Community Service:** Nicole Faicco; **Bronx High School for Visual Arts:** Gregory Garcia; **Bronx High School of Science:** Jonathan Dyal; **Bronx Leadership Academy:** Tylik Richards; **Brooklyn Technical High School:** Samia Ali; **Brunswick Prep:** Michael Faulkner; **Cardinal Spellman:** Michael Candelaria, Jillian Cea, Justin Cruz, Jane Hayes, Richard Legnini, Victoria Lombardo, Justin Ninivaggi, Julia Texidor, Annalise Vivolo, Isabel Werkoven; **Eastchester High School:** Alyssa Grillo; **Fiorello LaGuardia:** Gwynellen Hopkins, Sarah Stinson-Hurwitz; **Gateway School for Environmental Research and Technology:** Marc Calcano; **Herbert Lehman:** Alyssa Albert, Yiliang Chen, Alberto Melo, Brendan Patterson; **High School of American Studies:** Jenna Desgroseillers, Kristin Lockwood, Benjamin Stinson-Hurwitz, Aron Weber; **High School of Economics and Finance:** Samantha Yew; **Iona Prep:** Cian Byrne; **Manhattan Center for Science and Math:** Saul Soto; **Monsignor Scanlan:** Jacob Toledo; **Mott Hall V High School:** Ken Ogura. **Pablo Neruda Academy:** Salvador Cornejo, Shareef Walker; **Pelham Prep:** Toni Jade Riley; **Preston:** Alana Pecorelli; **Renaissance High School for Musical Theater:** Jaelyn McIntyre; **Repertory Company for Theater Arts:** Sebastian Wiley; **St. Raymond High School for Boys:** Jason Polito; **St. Vincent Ferrer:** Hailey Gaudio; **Salesian:** Nicholas Bellocchio, Andre Brown. Undecided are Crystal Christian and Ardaya Jones.

Congratulations and good luck to all!



Fathers and Sons

Father's Day gives us the opportunity to consider complex father and son relationships that have been studied over the years in a wide variety of movies. **Kramer vs. Kramer** (1979) is a classic film that stars Dustin Hoffman as Ted Kramer, whose seriously depressed wife, Joanna (Meryl Streep), leaves him and their son, Billy (Justin Henry), to fend for themselves. It is wonderful to watch Ted transform from a workaholic into a devoted dad.

Harry & Son (1984) stars Paul Newman (who also directed) as Harry, a widowed blue-collar worker trying to communicate with his teenage son, Howard (Robby Benson). A young Ellen Barkin is on hand as Howard's girlfriend Katie, and Joanne Woodward (Paul's real-life wife) as next-door neighbor Lilly.

In the comedy drama **Nothing in Common** (1986), a young Tom Hanks plays David Basner, a top-notch advertising executive who has to pick up the pieces when his parents (Jackie Gleason and Eva Marie Saint) decide to divorce. The supporting cast includes the gorgeous Sela Ward as Cheryl Ann, a client he lusts after; Bess Armstrong as Donna, one of his best friends; and the delightful Hector Elizondo as Charlie Gargas, his understanding boss. When David's dad becomes ill, both father and son are surprised by how David handles the situation.

In **Memories of Me** (1988), Billy Crystal plays Abbie, a high-powered NYC surgeon. After undergoing a humbling health problem, Abbie goes West to visit his father, Abe (Alan King), a movie extra. JoBeth Williams, also a physician, comes along as Abbie's love interest. Although the story is poignant, these superb comedians produce some wonderful puns and elicit groans galore from the audience.

Set in 1940s Brooklyn, the drama **The Chosen** (1981) stars Rod Steiger as Reb Saunders, the leader of a sect of Jewish Hassidim that is very orthodox and follows the teachings of a rabbi from 17th-century Poland. His brilliant son, Danny, played by Robby Benson, is being raised in silence. Counterpoint to this is David Malter (Maximillian Schell), a Zionist

who is working to establish the free state of Israel, and his son, Reuven (Barry Miller). The teenage boys become friends, and the conflicts within the Jewish culture and their relationships with their fathers are fascinating to behold.

A Broadway play was the basis for the movie **Da** (1988), the story of Charlie, a successful playwright (Martin Sheen), who returns to Ireland for his father's funeral (Barnard Hughes). Much of the film is about an ongoing dialogue between son and father, who though dead haunts his son with advice and reminiscences that drive Charlie crazy.

Dad (1989) stars Jack Lemmon as Jake Tremont, who gives a magnificent performance as an old codger whose mind is slowly going, and Olympia Dukakis as Annie, his painfully doting wife. When illness strikes, it is up to their son, John (Ted Danson), to keep things together. A young Ethan Hawke appears as John's son, Billy, and Kevin Spacey has a scene-stealing role as Mario, John's brother-in-law.

The cinematography steals the show in **A River Runs Through It** (1992), set in Montana in the years leading up to the First World War. Robert Redford (who directed the film) narrates this memoir of Norman Maclean (Craig Sheffer), the elder son of a Presbyterian minister (Tom Skerrit) and his wife (Brenda Blethyn), and the brother of Paul (Brad Pitt) a wild, free-spirited newspaperman. This is the story of how fundamental principles of life are passed down from father to son, through the ministry but more often through fly fishing for trout. It is a gentle, poignant and nostalgic film of days gone by.

In **Sleepless in Seattle** (1993), Tom Hanks is the widowed father of Jonah (Ross Malinger) and has moved to Seattle to start a new life. When Jonah calls a radio talk-show host and tells him his father needs a new wife, the program is heard by Annie Reed (Meg Ryan), a reporter from Baltimore who is smitten by the story and won't let mere geography get in her way.

The Sum of Us (1995) is set in Sydney, Australia, where Jeff (Russell Crowe), a gay man lives with his widowed father, Harry (Jack Thompson). Harry is accepting of his son and desperately wants him to be happy, but he manages to cross the line and become intrusive when he is only trying to be kind.

The Winslow Boy (1999) is the screen adaptation of a Terence Rattigan play based on the 1910 trial of a 13-year-old British naval cadet (Guy Edwards), who is accused of stealing a five-shilling postal order. His father (Nigel Hawthorne) is convinced of his innocence and puts the family through tremendous financial hardship in defense of his son.

Will Smith was nominated for best actor as Chris Gardner, a very sympathetic character fighting to take care of his son, Christopher (his real-life son Jaden Syre Smith) in the 2006 film **The Pursuit of Happyness** (sic), which is based on true-life events. Set in the 1980s, the film is a horrifying portrayal of how a few instances of bad luck and poor choices can plunge a family into poverty and homelessness. But Gardner is up to the challenge.

And until next time, Happy Father's Day and happy viewing . . .

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MR. AMERICA'S PERSONAL TRAINING

By BUTCH NIEVES

The End of Food Temptation

You start each morning with the promise to be "good" today. You will refuse the baked goods at the office. You will speed past that fast-food place at lunch. You will turn a blind eye to the vending machine in the mid-afternoon. And you'll pass on the ice cream after dinner.

But you hadn't counted on the fact that a box of your favorite doughnuts would be sitting in the break room. Or that coworkers would invite you to join them for fast food place at lunch. Or that the Girl Scouts would come through the office after school with boxes of thin mints. Or that your special someone would come home with a pint of Coffee Heath Bar Crunch.

And, as you get into bed each night, you tell yourself that tomorrow will be different. Tomorrow you will conquer temptation. But tomorrow comes with its own set of special circumstances, and temptation gets the best of you once again.

Why Does Temptation Always Win?

We live in a society where food temptations are everywhere. Walk through a store and you'll see the unhealthy food items displayed front and center. Turn on the television and you'll be assaulted with commercials for fattening foods. Open a magazine and you'll notice glossy pin-ups of sugary snacks. Go down the street and you'll have restaurant signs clamoring for your attention. In addition to the abundance of tempting edibles, you also have deeply ingrained positive associations with indulging. You treat tempting food as a reward. You turn to tempting food for comfort. You rely on tempting food as stress relief. You allow tempting food to become a habit.

It's Your Turn to Win

Temptation doesn't need to have the upper hand on you anymore. It's time to fight back using your most powerful asset: your brain. Your mind is an amazing thing. Once it is made up about something it is nearly impossible to change it.

Imagine for a moment that you are peacefully floating down a river in an inner tube. The sun is out, the birds are chirping, and you are having a wonderful time. You feel great about the river because it is making you feel good.

Now imagine that you are in a plane flying over the river. Your eye is immediately drawn to an enormous rocky waterfall. You look up the river and just around the bend is a person floating in an inner tube, having a wonderful time, headed straight

for the treacherous falls.

Do you think that after your plane ride you would be happy to get an inner tube and float down the river? Of course you wouldn't. You've seen that the river spells disaster.

You now have a negative association (watery death) with the river rather than your initial positive association (relaxing fun).

Overcoming temptation is all about building negative associations in place of existing positive ones. Use the two steps below to harness the power of your mind to become stronger than any temptation.

Step One: Create a Strong Negative Association with all the Bad Stuff

If cookies and chips and burgers are put on a pedestal in your mind as your favorite things to eat, then you will always eat unhealthy and will continue to gain weight.

What do you dislike about tempting food? It makes you unhealthy. It causes weight gain. It drains your energy. It kills your confidence. It degrades your quality of life. It hurts your love life.

Every time that you encounter tempting food items, focus on your list of negatives. It's time to kick those cookies off the pedestal and to put something healthy in its place.

Step Two: Create a Strong Positive Association with all the Good Stuff

Now that your mental pedestal has been cleared, put healthy food items on it. Juicy fresh fruit, crispy vegetables and savory lean meats are a great place to start.

What do you love about healthy food? It makes you healthy. It causes weight loss. It boosts your energy. It builds your confidence. It improves your quality of life. It enhances your love life.

Immerse yourself into the world of healthy food. Browse the aisles of a natural food store. Walk through a farmer's market. Bring healthy snacks to work. Clear your kitchen of anything unhealthy.

Using the technique above, you will soon find that healthy food is your favorite food. And temptation will become a thing of your past.

Regular exercise makes it easier to eat healthy. Just as healthy eating makes you more likely to exercise. It's the domino effect. When you begin to make a positive change in one area of your life, other areas will soon follow.

Remember, while nutrition is vitally important for weight loss, true results are achieved through a combination of both nutrition and challenging, progressive exercise.

Grace Church Extends "Hearts and Hands" to Service Personnel Overseas

By JOANNE BROGAN

Nothing says "I love you" or "I am thinking of you" like a greeting card. And a handmade card is a special treasure. The members of Hearts and Hands, a creative group of members of Grace Episcopal Church, are creating cards to send to service personnel in Iraq and Afghanistan for them to use to stay in touch with loved ones at home.

The cards will be created at Grace Parish Hall on Thursday, June 10, and Thursday, June 17. They will meet at 7 p.m. to complete birthday, wedding, baby, thank-you and sympathy cards. Members of the City Island community are encouraged to join them in this effort. Experienced paper crafters, as well as novices, will be given instruction and all the tools necessary to create these greetings for those who are giving us so much—our freedom. They promise a warm welcome to all who attend, and coffee and cookies as well.

The final products will be sent to members of the community who are on active duty in our two war zones for them to share with their fellow soldiers. If you cannot join them on those two evenings, you can support the effort in other ways. They would like to be able to enclose some recording devices in our cards so that a voice recording can be attached to some of our cards. Unfortunately, these items cost \$7 each, so they need donations to cover the cost. Please send checks to Grace Episcopal Church, 116 City Island Avenue, Bronx, NY 10464, if you wish to help them with this part of the

project. Please note "Card Project" in the memo section of your check. Imagine the joy of a child receiving a birthday card that also includes the voice of a parent serving so far away!

Also, if you are aware of a City Island resident who is serving in Iraq or Afghanistan, please send their address so they can send them some cards.

They hope to keep this program operating periodically during the year with seasonal cards for future holidays such as Christmas, Hanukkah, Easter, Mother's Day and Father's Day. Please join them and perhaps learn a new skill while creating a special gift for those who give us so much.

For further information, please contact Joanne Brogan at 718-885-2713 or joanneok@aol.com.

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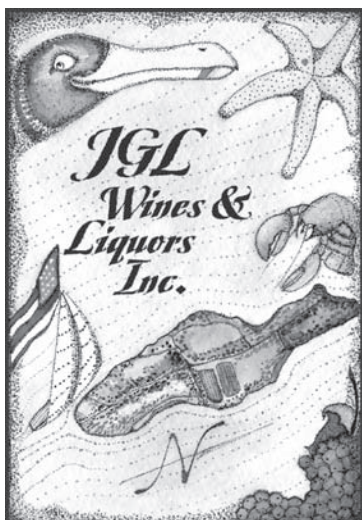
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Heights in feet above soundings printed on charts of water adjacent to City Island. Times shown are nautical times. For times on the table beginning with 1300, subtract 1200 to get ordinary PM time (e.g., 1625 = 1200 + 4:25 P.M.). Times less than 1200 are A.M. times (e.g., 1154 = 11:54 A.M.).

HH = hours; MM = minutes

Tide chart by Tom Smith

JUNE 2010

DAY	TIME	HEIGHT	TIME	HEIGHT	TIME	HEIGHT	TIME	HEIGHT	DAY
	HH MM	FEET	HH MM	FEET	HH MM	FEET	HH MM	FEET	
01 Tue	0256	7.38	0940	0.73	1543	7.02	2121	1.29	Tue 01
02 Wed	0333	7.10	1002	1.03	1624	6.94	2201	1.47	Wed 02
03 Thu	0414	6.84	1028	1.23	1707	6.90	2248	1.58	Thu 03
04 Fri	0502	6.62	1107	1.37	1752	6.90	2343	1.62	Fri 04
05 Sat	0558	6.45	1153	1.44	1838	6.96			Sat 05
06 Sun	0046	1.55	0702	6.37	1243	1.44	1922	7.07	Sun 06
07 Mon	0157	1.37	0804	6.38	1336	1.38	2006	7.26	Mon 07
08 Tue	0258	1.08	0855	6.48	1429	1.24	2049	7.51	Tue 08
09 Wed	0350	0.73	0939	6.64	1521	1.05	2133	7.79	Wed 09
10 Thu	0437	0.38	1022	6.85	1612	0.83	2218	8.08	Thu 10
11 Fri	0522	0.04	1104	7.09	1703	0.61	2304	8.33	Fri 11
12 Sat	0607	-0.23	1149	7.34	1754	0.41	2351	8.50	Sat 12
13 Sun	0652	-0.42	1236	7.56	1845	0.27			Sun 13
14 Mon	0041	8.56	0739	-0.51	1324	7.73	1939	0.19	Mon 14
15 Tue	0132	8.47	0828	-0.49	1415	7.83	2036	0.19	Tue 15
16 Wed	0226	8.24	0920	-0.37	1511	7.86	2139	0.25	Wed 16
17 Thu	0324	7.90	1017	-0.17	1611	7.83	2251	0.31	Thu 17
18 Fri	0431	7.50	1120	0.05	1720	7.79			Fri 18
19 Sat	0008	0.30	0551	7.17	1227	0.24	1834	7.80	Sat 19
20 Sun	0119	0.19	0712	6.99	1334	0.36	1942	7.88	Sun 20
21 Mon	0224	0.00	0820	6.95	1437	0.39	2044	8.00	Mon 21
22 Tue	0325	-0.20	0921	7.00	1535	0.38	2140	8.11	Tue 22
23 Wed	0420	-0.37	1015	7.09	1629	0.36	2232	8.19	Wed 23
24 Thu	0512	-0.45	1106	7.19	1719	0.36	2331	8.21	Thu 24
25 Fri	0600	-0.43	1153	7.27	1806	0.41			Fri 25
26 Sat	0007	8.15	0644	-0.30	1238	7.32	1849	0.52	Sat 26
27 Sun	0049	8.02	0726	-0.08	1319	7.33	1927	0.66	Sun 27
28 Mon	0127	7.84	0803	0.18	1357	7.30	1959	0.83	Mon 28
29 Tue	0158	7.62	0833	0.46	1430	7.25	2020	0.97	Tue 29
30 Wed	0222	7.41	0848	0.68	1455	7.21	2043	1.06	Wed 30
JULY 2010									
01 Thu	0249	7.21	0903	0.81	1519	7.19	2119	1.14	Thu 01
02 Fri	0324	7.02	0936	0.91	1552	7.18	2201	1.22	Fri 02
03 Sat	0405	6.81	1016	1.02	1632	7.19	2248	1.29	Sat 03
04 Sun	0451	6.62	1101	1.13	1717	7.21	2340	1.33	Sun 04



By JOHN SHERIDAN and MARIA SUTHERLAND



Photo by PETER GUSTAS

Turkey vulture.

FOLLOW THAT HORSESHOE CRAB

In last month's column, we wrote about the turkey vultures, or buzzards, circling overhead in search of road kill. They are rather large raptors for this area and hard to mistake, even from afar. Up close and personal, though, they are impossible to mistake. See the accompanying photograph, which comes to us, again, courtesy of Pete Gustas. Thanks, Pete!

This month's raptor has to be the osprey. There are at least three nesting in our area. If their messy black and white appearance doesn't give them away, their sound will. They are the ones whose call is easily mistaken for a distress signal. We watched three over the bay, hunting, we supposed, but calling back and forth in a way that suggested trouble, although none

was apparent. Maybe they weren't hunting. Maybe two parents were teaching their young to hunt, or to fly in a stiff breeze, in which case there may have been trouble, after all. Anyone who may be able to shed a little light on this subject (or any other) is invited to do so at jdsstrat@msn.com.

The geese in our area are notorious for the trouble they have been causing, particularly to pilots flying in and out of the New York area. We may have been witness to the latest incident. On May 20, at about 4 in the afternoon, some of the largest flocks of Canada geese were spotted flying high over head City Island, heading north. They were so high that we probably wouldn't have noticed them at all if not for the sound of their collective honking. As we watched one plane pass above the migrating flock, another, much lower, plane, suddenly came into view in a part of the sky that was unusual for landing aircraft.

Something else to be on the lookout for are the horseshoe crabs. If we have our calendars right, they are scheduled to swarm our shores to lay their eggs the last week of May through the first week of June. They do it under the full moon, you see, and have done so since the days of the dinosaurs. If you miss them, look out instead for their light blue-green eggs, buried a few inches below the sand nearest the high water mark. There will be hundreds of thousands of them, more than enough for birds and beachcombers.

Happy summer!



The 2010 Bronx Ball, held at Orchard Beach on May 22, was attended by 800 Bronx supporters. Islander Marguerite Chadwick-Juner (r.) is pictured with inductee to the Bronx Walk of Fame Joanie Madden (middle). She and Mary Coogan are from the Grammy Award winning Celtic group Joanie Madden and Cherish the Ladies. Other inductees for 2010 are: Herman Badillo, politician; Ed Lewis, founder of *Essence* magazine; and legendary singer Jerry Vale.

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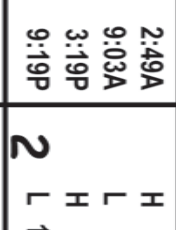




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Island Current				Tide Calendar			
June 2010				Tide Calendar			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
L = Low Tide H = High Tide		1	2	3	4	5	
L 12:46A H 7:02A L 12:43P H 7:22P	L 1:57A H 8:04A L 1:36P H 8:06P	L 2:58A H 8:55A L 2:29P H 8:49P	L 3:50A H 9:39A L 3:21P H 9:33P	L 4:37A H 10:22A L 4:12P H 10:18P	L 5:22A H 11:04A L 5:03P H 11:04P	L 6:07A H 11:49A L 5:54P H 11:51P	
L 6:52A H 12:36P L 6:45P	L 12:41A H 7:39A L 1:24P	L 1:32A H 8:28A L 2:15P H 8:36P	L 2:26A H 9:20A L 3:11P H 9:39P	L 3:24A H 10:17A L 4:11P H 10:51P	L 4:31A H 11:20A L 5:20P H 5:20P	L 12:08A H 5:51A L 12:27P H 6:34P	
L 1:19A H 7:12A L 1:34P H 7:42P	L 2:24A H 8:20A L 2:37P H 8:44P	L 3:25A H 9:21A L 3:35P H 9:40P	L 4:20A H 10:15A L 4:29P H 10:32P	L 5:12A H 11:06A L 5:19P H 11:21P	L 6:00A H 11:53A L 6:06P H 6:06P	L 12:07A H 6:44A L 12:38P H 6:49P	
L 12:49A H 7:26A L 1:19P H 7:27P	L 1:27A H 8:03A L 1:57P H 7:59P	L 1:58A H 8:33A L 2:30P H 8:20P	L 2:22A H 8:48A L 2:55P H 8:43P	 Tide Calendar by Tom Smith			
July 2010							
Tide Calendar				Island Current			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
L = Low Tide H = High Tide				1	2	3	
L 4:51A H 11:01A L 5:17P H 11:40P	L 5:43A H 11:50A L 6:07P H 6:07P	L 12:39A H 6:40A L 12:43P H 7:01P	L 1:45A H 7:42A L 1:41P H 7:58P	L 3:00A H 8:46A L 2:42P H 8:55P	L 4:06A H 9:47A L 3:45P H 9:51P	L 5:01A H 10:42A L 4:47P H 10:46P	
L 5:52A H 11:33A L 5:45P H 11:39P	L 6:40A H 12:23P L 6:42P	L 12:32A H 7:28A L 1:13P H 7:38P	L 1:25A H 8:16A L 2:04P H 8:35P	L 2:19A H 9:06A L 2:57P H 9:36P	L 3:18A H 9:59A L 3:55P H 10:42P	L 4:23A H 10:58A L 5:01P H 11:51P	
L 5:40A H 12:04P L 6:13P H 6:13P	L 1:00A H 6:55A L 1:12P H 7:23P	L 2:06A H 8:03A L 2:17P H 8:27P	L 3:06A H 9:04A L 3:18P H 9:26P	L 4:02A H 9:59A L 4:13P H 10:19P	L 4:54A H 10:49A L 5:03P H 11:07P	L 5:40A H 11:35A L 5:49P H 11:52P	
L 6:23A H 12:18P L 6:30P	L 12:32A H 7:01A L 12:56P H 7:06P	L 1:07A H 7:33A L 1:29P H 7:33P	L 1:33A H 7:54A L 1:52P H 7:48P	L 1:48A H 7:59A L 2:05P H 8:09P	L 2:12A H 8:22A L 2:30P H 8:43P	L 2:45A H 8:56A L 3:05P H 9:23P	

Island Current				Tide Calendar			
August 2010				Tide Calendar			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
H 3:25A L 9:36A H 3:45P L 10:08P	H 4:10A L 10:21A H 4:31P L 10:59P	H 5:01A L 11:11A H 5:22P L 11:56P	H 5:58A L 12:06P H 6:20P	L 1:02A H 7:02A L 1:08P H 7:22P	L 2:22A H 8:12A L 2:16P H 8:28P	L 3:41A H 9:22A L 3:30P H 9:33P	
L 4:41A H 10:23A L 4:41P H 10:34P	L 5:33A H 11:17A L 5:41P H 11:30P	L 6:22A H 12:07P L 6:37P	H 12:24A L 7:09A H 12:56P L 7:30P	L 1:16A H 7:55A L 1:44P H 8:24P	L 2:09A H 8:44A L 2:36P H 9:22P	L 3:05A H 9:35A L 3:32P H 10:23P	
H 4:09A L 10:33A H 4:36P L 11:30P	H 5:21A L 11:39A H 5:50P	L 12:38A H 6:35A L 12:50P H 7:03P	L 1:43A H 7:42A L 1:57P H 8:09P	L 2:44A H 8:43A L 2:58P H 9:07P	L 3:40A H 9:37A L 3:53P H 10:00P	L 4:30A H 10:27A L 4:43P H 10:48P	
L 5:15A H 11:12A L 5:27P H 11:31P	L 5:55A H 11:52A L 6:06P	H 12:10A L 6:30A H 12:28P L 6:40P	H 12:43A L 6:58A H 12:56P L 7:05P	L 1:05A H 7:10A L 1:08P H 7:17P	L 1:16A H 7:19A L 1:22P H 7:39P	L 1:39A H 7:46A L 1:51P H 8:12P	
H 2:12A L 8:22A H 2:27P L 8:52P	H 2:52A L 9:03A H 3:08P L 9:36P	H 3:38A L 9:49A H 3:56P L 10:27P				L = Low Tide H = High Tide	
September 2010							
Tide Calendar				Island Current			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
L 3:20A H 9:04A L 3:29P H 9:22P	L 4:20A H 10:06A L 4:36P H 10:26P	L 5:11A H 10:58A L 5:33P H 11:22P	L 5:59A H 11:47A L 6:26P	L 12:13A H 6:46A L 12:35P H 7:17P	L 1:03A H 7:32A L 1:22P H 8:09P	L 1:54A H 8:19A L 2:12P H 9:04P	
L 2:49A H 9:09A L 3:05P H 10:22P	L 3:50A H 10:06A L 4:08P H 11:06P	L 5:00A H 11:14A L 5:24P	L 12:12A H 6:11A L 12:26P H 6:38P	L 1:16A H 7:17A L 1:33P H 7:44P	L 2:16A H 8:17A L 2:34P H 8:43P	L 3:10A H 9:11A L 3:28P H 9:35P	
L 3:59A H 9:59A L 4:17P H 10:22P	L 4:43A H 10:42A L 5:00P H 11:05P	L 5:21A H 11:22A L 5:38P H 11:42P	L 5:54A H 11:55A L 6:11P	L 12:14A H 6:17A L 12:17P H 6:35P	L 12:34A H 6:26A L 12:25P H 6:50P	L 12:45A H 6:44A L 12:46P H 7:13P	
L 1:11A L 7:15A H 1:17P L 7:46P	L 1:45A L 7:53A H 1:56P L 8:26P	L 2:26A L 8:36A H 2:39P L 9:12P	L 3:13A L 9:24A H 3:28P L 10:03P	L 4:06A L 10:18A H 4:23P L 11:02P		L = Low Tide H = High Tide	

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All classified ads must be prepaid. Rates: \$6.00 minimum for 20 words or less. Over 20 words—30 cents per word. Type or print your ad and mail with check or money order to: The Island Current, P.O. Box 6, City Island, N.Y. 10464. ADS MUST BE RECEIVED BY THE 20th OF EACH MONTH except December and July.

VOICE LESSONS: Ages middle school through adult. My home studio. Suffering from sleep apnea? Singing strengthens your throat muscles, which helps eliminate the effects of apnea. Flexible hours. Call Diana 718-885-2091.

DID YOU DO YOUR SPRING CLEANING? Experienced, reliable woman will clean your home or office. References. Reasonable rates. Call 718 885-3371.

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PHOTO RESTORATION: Take old photographs and have them restored like new. Copies made from negatives or prints. Framing available as well. Call Ron 718-885-1403.

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The City Island Little League has had a busy and productive 2010 season. The t-ball program is booming with more than 50 young children diligently showing up every Saturday morning to practice newly acquired baseball skills. In this program children learn the fundamentals of baseball under the watchful eyes of James Goonan and other dedicated parent volunteers. The coaches have remarked that the children are doing a great job listening and learning. In addition, the parents are proud as they watch their children field a ball or swing hard trying to hit a homerun. The other steadfast t-ball volunteers are Mark Amos, Brian Kenny, Manny Oquendo, Anthony Piri, Mike Prohaska and Billy Whelan.

The minors are made up of three teams; J.P.'s, Jack's Bait and Tackle, and Seafood City. The league is set up to practice basic

baseball moves on a field in a real game scenario. J.P.'s is coached by John Tomsen, Jay Karabel and Tim Stiene. On May 19, Jack's Bait and Tackle made a game-ending triple play. The kids love the game almost as much as their newfound skill, which is how to eat a sunflower seed. Jack's Bait is coached by Larry Saulnier and a few parent volunteers. The kids are learning how to field outs and ground balls and most of all they are learning about teamwork.

The majors division has four teams; Don-Glo, American Legion, Ruggiero and Sons Funeral Home, and Sammy's Fishbox. Fernando Gonzalez, manager of Don-Glo, and coach Rachel Mirabito said that hard work paid off at last Saturday's game when Mike Labriola hit a home run. The coaches think that in the field the players are working more cohesively as a team. The Legion team, managed by Tommy Orzo, has impressed the entire coaching staff with its hard work and dedication throughout the first half of the season. Each team member has contributed in his or her own special way. The team's wins thus far, five in all, can be attributed to great pitching, good fielding and excellent hitting on a consistent basis.

Sammy's has a hold on second place. Live bats and stellar pitching have kept this team close in every game. After a tough loss to the Legion team, they bounced back strong against Don-Glo to continue their winning ways. Ruggiero, managed by John Tomsen and John Manna, also has had success on the field with strong pitching, catching and good base running. The coaches are impressed with the enthusiasm that all their players bring to each and every game. Their players are having tons of fun!

Thank you to all the parents of City Island Little League who have generously offered their time to help in the concession stand. Your assistance in the kitchen, helpful suggestions and plain old hard work have made running a concession stand possible once again this season!

Sally P. Connolly

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Information for the Talebearer must be received in writing no later than the 15th of the month except July and December. Mail to The Island Current, P.O. Box 6, City Island, NY 10464; include your name and telephone number.



Photo courtesy of the CARMODY FAMILY
Pilot Cove's Terry Carmody celebrated her 80th birthday on May 8 with family and friends at the Lobster House.

Happy 100th birthday wishes to a true clam digger, Margaret (Larsen) Neumann, who will celebrate her big day on June 7. The centenarian, who enjoys a martini every now and then, loves spending time with her family, reminiscing about the "old days" and watching her favorite TV show: "Wheel of Fortune."

Also sharing a June 7 birthday are *Island Current* staffers Karen Rauhauser Nani and Margaret Lenz. Happy birthday(s) to all!

Happy birthday on June 23 to the Sailmaker's John Iovieno, with love from the Iovieno and Swieciki families.

Congratulations to Alyssa Grillo and the class of 2010. We are very proud of you. Good luck in high school. With love from Mom, Anthony, Frank and Jake.

Happy birthday to Jill Doyle on June 6 with love from your family.

Happy Father's Day to Jack Doyle and Chuck Butterworth with love from your family.

Happy June 5 birthday and congratulations to Jenna, who received the Sacrament of Confirmation in April. Jenna will be graduating from P.S. 175 this month and will be celebrating with family and friends at her party. We love you and are so proud of you - Mom, Dad, Jake, Jessica and Buddy. XOXOXO.

Welcome to Christopher Cusmano, the new manager of our local Chase branch bank. Stop in to meet him!



Patrick and Elizabeth Woods at their wedding in June 2009.

Happy birthday, Mom! Love from Susannah, Frank, Liz and all the grandkids.

Happy June birthdays to Judy Rauh and John Wright, and their mother, Vera Thompson, who will celebrate her 90th birthday! Judy was thrilled to spend Mother's Day with her mother this year.

A great big THANK YOU to the four new members of the Garden Club for participating in the "It's My Park Day" on May 15. Paula, Linda, Francine and Judy helped groom Hawkins Park, added flowers to the planters on the Avenue and even painted the dolphin, seals, flagpole stand, trash cans and railings.

Happy sixth birthday greetings to our niece and granddaughter, Julia Z., with love from Grandma, Pop Pop and Aunt Jennifer.

Happy birthday on June 6 to Tina Schaefer with love from "all of us." It's a BIG ONE!

Birthday greetings on June 30 to Marine Street's Ann Butterworth, with love from Chuck and your boys.

To "Tiz" on her 25th with love from "D-Day."

Happy June 1 birthday to Tier Street's

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Marion Rosenfeld, with love from Lucy (woof) and the gang at Atlantic Emeritus Realty.

Congratulations to Travis and the entire P.S. 175 kindergarten class of 2010 on their graduation. With love from the Prohaska family.

Happy June birthdays to *Island Current* staffers Virginia Dannegger and Rose Kolb.

Happy belated birthday to J! Love A and the Little C.

Great job, John Michael. We all enjoyed the show.

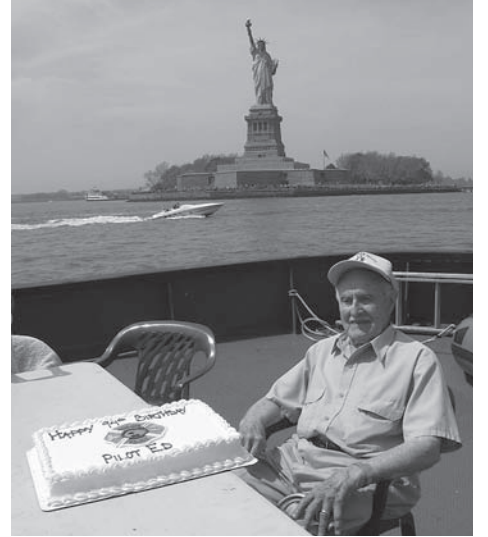
Happy first birthday to Fordham Street's Niccoali Perruzza, with love always from Uncle Mick, Aunt Lorraine and cousin Maeve.

Happy birthday on June 17 to James Thomas Heffernan, who will turn two. With love from Mommy.

Congratulations JM on Dribble.

Happy May 8 birthday wishes to Pilot Cove's Terry Carmody, who celebrated her 80th with family and friends at the Lobster House. Thanks to Jo Jo and Dominique for making it so special.

Hearty congratulations to Sebastian Whitcombe-Wiley on his graduation and for making it into the Repertory Theater Company High School! What a huge achievement! You exceeded our high expectations, as usual! We are all so proud of you and know you will just keep on knocking them dead and making us proud. Always remember that if you can dream it, you can



Photos courtesy of the SADLER FAMILY
On Saturday, May 1, 2010, Captain Ed Sadler celebrated his 94th birthday along with his family aboard *Firefighter*, the Fire Department vessel he captained for 20 of his 35 years with the FDNY, which treated him to a cruise through New York Harbor, a splendid lunch and a delicious cake. They also took a close look at 343, one of two new fireboats that will be soon going into commission (343 is the number of firefighters killed on 9/11). Not surprisingly, Captain Sadler and his son Dick have been awarded the contract to adjust the compasses on both of the new boats.

achieve it! We all love you so much, Mom, Charles, NaNa, and Pop-Pop.

Happy Father's Day to all our dads and grandpas!

Maria Swieciki

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